

College Support Checklist

How much support will your child need at college? Often parents don't realize how much support their child is getting at home. What about your child? Can they manage on their own? How much can they start doing while still in high school? It's important to start training kids to manage day-to-day basics starting the summer after their junior year at the latest. Then plan on making provisions at college for therapists, tutors and other support as appropriate.

Does your teen:

- Have a tutor?
- See a therapist?
- Manage their own schedule?
- Make new friends?
- Manage their medications?
- Cook or clean?
- Manage money?

Do you currently:

- Help your child wake up?
- Prepare their breakfast?
- Drive them to school?
- Provide deadlines reminders?
- Help with deadline crises?
- Communicate on their behalf?
- Manage their calendar?